

Inca Trail Packing Checklist

Classic Inca Trail, 4 days · 2027 edition · by the Terra Quechua guides



DOCUMENTS & MONEY

- ☐ Original passport (the one on your permit)
- ☐ Original student card (if you booked a student discount)
- ☐ Cash in soles, with coins for toilets (S/1–2)
- ☐ Money for tips, last-day lunch and hot springs
- ☐ Travel insurance details

CLOTHING — LAYERS, NO COTTON

- ☐ 3–4 quick-dry hiking shirts (1 long-sleeved)
- ☐ 1–2 hiking pants
- ☐ Fleece or wool mid-layer
- ☐ Insulated jacket (down or synthetic)
- ☐ Rain jacket
- ☐ Rain pants (Nov–Mar) or poncho
- ☐ Thermal base layer for sleeping
- ☐ Warm hat and light gloves
- ☐ Sun hat or cap, neck gaiter
- ☐ 4 pairs of hiking socks
- ☐ Underwear for each day

FOOTWEAR

- ☐ Broken-in hiking boots with good grip
- ☐ Sandals or light shoes for camp

SLEEPING

- ☐ Sleeping bag, comfort –10 °C / 14 °F May–Sep, –5 °C / 23 °F other months (own or rented)
- ☐ Liner (optional) and earplugs

Tent and inflatable mattress are provided.

WATER & FOOD

- ☐ Reusable bottles or bladder, 2 L total
- ☐ Water for the first morning
- ☐ Favorite snacks (optional)

No single-use plastic bottles on the trail. Boiled, filtered water is provided from lunch on day 1.

HEALTH & TOILETRIES

- ☐ Personal medicines and blister plasters
- ☐ Altitude medication (ask your doctor)
- ☐ Sunscreen SPF 50 and SPF lip balm
- ☐ Sunglasses
- ☐ Insect repellent (20%+ DEET)
- ☐ Toilet paper and hand sanitizer
- ☐ Wet wipes and a small quick-dry towel

ELECTRONICS & EXTRAS

- ☐ Headlamp + spare batteries
- ☐ Power bank (no electricity on the trail)
- ☐ Dry bags or zip bags
- ☐ Trekking poles with rubber tips
- ☐ Swimsuit for the Aguas Calientes hot springs

DAYPACK EACH MORNING

- ☐ Water, rain gear, warm layer, hat & gloves
- ☐ Sunscreen, snacks, toilet paper
- ☐ Passport and a little cash

Porters walk ahead: you won't see your duffel until camp.

Rules to remember: poles only with rubber tips · no single-use plastic · inside Machu Picchu: bags up to 40 × 35 × 20 cm (16 × 14 × 8 in), no food, no umbrellas, tripods or drones. Leave your suitcase at your Cusco hotel (or at our office).